

# Christ's Love Calls Us - Share the Message



## Cougar Chronicle

October 13, 2010

### Upcoming Events:

Sat Oct 16  
10:15 am Volleyball  
tournament at MVL

Sun Oct 17  
8 & 10:30 am  
Worship

Sun Oct 17  
9:15 am  
Sunday School

Tues Oct 19  
Pre-K Pictures  
Picture Retakes

Wed Oct 20  
12 pm Early out  
Busses will  
transport

Thur Oct 21  
No School - MEA

Fri Oct 22  
No School - MEA

**MVL Volleyball Tournament:** The volleyball team will participate in the MVL Invite Tournament this Saturday, October 16<sup>th</sup>. Pool play for the Cougars begins at 10:15 AM. The top two teams from each pool will advance to the bracket portion of the tournament. Please have your daughter at the high school by 9:45 AM. More information can be found on the school website under latest news. **GOOD LUCK COUGARS!**

**Early Out:** Next Wednesday, October 20<sup>th</sup> school will dismiss at noon. The busses will transport and the students will eat lunch before they leave.

**No School:** There will be no school next Thursday and Friday, October 21-22 as our teachers will be attending the Minnesota District Teacher's Conference in Brainerd.

**Volleyball:** On Monday, October 4 the Samuel Lutheran Volleyball team played Lynd. The first 3 games the older girls played. We won the first 2 and lost the last one. Then the younger girls played and lost the next two games. Even though they lost they played hard, and did well especially on their serving. *Kalley Evens*

**Christmas Greenery:** Our Christ Lutheran Youth Fellowship (CLYF) will be selling Christmas greens (24" Wreath, 36" Wreath, Balsam Roping, Holiday Swag and Holiday Evergreen Planter) after services on Sunday, October 17<sup>th</sup> and 24<sup>th</sup>. Orders will arrive by Thanksgiving.

**Pictures/Picture Retakes:** Lifetouch will be at school next Tuesday, October 19<sup>th</sup> to take pictures of the Pre-K 3 year olds and for picture retakes. Please notify the office or your child's teacher if you would like retakes.

**Grandparent Addresses:** If you have not sent in your Grandparent or Grand-senior addresses yet, please do so by the end of this week so an invitation can be sent to them. You can email them to Mrs. MacArthur - [amacarthur@christlutheran-marshallmn.org](mailto:amacarthur@christlutheran-marshallmn.org).

### Birthdays this month!!



Mrs. Zander - 3  
Cele Finlo - 4  
Mr. Festerling - 4  
Alex Heil - 15  
Spencer Rosburg - 24  
Mrs. MacArthur - 28  
Pastor Schreiner - 29  
Matthew Onken - 30

**Kindergarten Visits Fire Station:** As part of Fire Safety Week, the Kindergarten class visited the Marshall Fire Station. We saw a video about Smoke Detectives and learned how to stay safe during a fire. Mr. Fuhrman told us about smoke alarms. You have to check them to be sure they work and make sure the batteries in them are good. They make a loud noise but it is "A Sound You Can Live With"! We got to see the fire trucks including a brand new yellow one that cost a lot of money. We saw a really old red one too. We got to sit in one of the trucks where the firefighters sit on the way to a fire. They showed us where they dry the hoses after they wash them. We got to practice "STOP, DROP, AND ROLL" and they let us try on a firefighter's coat and hat. Mrs. Festerling got to put them on, too. We went in the smoke house. It was kind of scary but we knew that we had to "STAY LOW AND GO". We got to have juice and cookies there. Then Pluggy came and talked to us. They gave us bags with fire hats, coloring books, erasers, candy, and lots of other things. We had fun and learned a lot about staying safe if there is a fire.

**Firefighter Jake Olsen Visits Pre-K Second Year Class:** On Friday, October 8, Mackenzie Olsen's dad visited the 2<sup>nd</sup> year Pre-K students to talk to them about fire safety. He brought all of the equipment that he wears when he goes out on a call. He was completely covered so that he would not get burned when he fights a fire. The children really liked trying on the hat and coat. They were both heavy. The hat was so heavy that it pulled your head backwards if you didn't hold your head very still. Mr. Olsen reminded us to get out of your house as fast as possible if you have a fire. If there is smoke, we should "Go Low." Fireman Olsen also brought the big new fire truck that Marshall just got. It was really neat. Everything inside is fastened down so that it can't slide around when they drive to a fire. The fire truck even has two computers inside. Before he left, he gave us each a packet with colors, a coloring book, a badge, and a fire helmet. Mr. Olsen blew the horn as he drove away. The fire truck was the best part of the visit. Thank you for coming to visit us, Mr. Olsen.

**Fireman Visits Pre-K First Year Class:** Austin and Anna's dad, Mr. Jon Rubendall, visited our class yesterday. He put all of his fire clothes on for us. His boots were in his pants already so that he could get dressed fast. By the time he had all of his equipment on, we couldn't even see any of him. He sounded different with his mask on and he looked a little scary, but we remembered that it was really Austin and Anna's dad under all the clothes. He said that if our house is on fire, we should get out as fast as possible. If we can't get out, we shouldn't hide. We should yell instead so that the firefighters can find you. He also told us to not play with matches or any fire. He told us about Smokey the Bear and gave us a lanyard with Smokey the Bear's face on it. We were really glad that he came to talk to us about fire safety. Thank you for coming.

**Flu Shot Clinic:** Public Health Services will be at our school on Thursday, November 4th at 8:30 AM to provide 2010-2011 Seasonal Flu vaccinations free of charge for all students. If you would like your student to receive the vaccine please return your consent form by October 15th.

**\*Any Pre-K students who are getting vaccinated will need to be accompanied by a parent.**

**Children's Challenging Behaviors:** Are you concerned about your child's behavior? Are you looking for resources and information? Are you curious what behavior is "typical" and what isn't? The Minnesota Department of Health is sponsoring a training by NAMI (National Alliance of Mental Illness) called *Children's Challenging Behavior* on Saturday, October 30th from 9-4 PM at Western Community Action in Marshall. Raising a child or adolescent with challenging behaviors can be difficult. If you would like to get together with other parents and learn five essential tasks to build confidence in our skills including new parenting strategies, ideas for support, self-care and advocacy please call 651-645-2948, ext. 102 to register. This workshop is free of charge and lunch will be provided.